

# Going further to support general practice nurse education

2020



Journal of General Practice Nursing

**GPN:**





# WHAT IF

you could rely on your dressing choice even if the exudate level increases?

## Zetuvit® Plus Silicone Border



### Effective:

Absorb. Retain. Maintain optimal microclimate<sup>[1,2]</sup>



### Versatile:

Simple to choose, simple to use



### Patient-friendly:

Atraumatic dressing changes<sup>[3]</sup>

**BE PREPARED**  
*and prevent exudate-related complications*



Product Illustration

For more information contact your local HARTMANN representative or contact our customer services team  
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HARTMANN UKI Wound Management HARTMANN GROUP

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[1] Data on file: Z7-Z+Sil-Border\_benchmark. [2] Data on file: Dressing Heat and Water Vapor Report 20.07.2018.

[3] Data on file: Z7\_Z+SilBorder\_Add\_Feat\_adhesiveness assessment.

WM-00074/19-GB

# Welcome

The recent publication of the *NHS Long Term Plan* has once again placed focus on primary care, where more than 90% of all clinical contacts occur. As Ian Dalton, Chief Executive of NHS Improvement has said, the plan will 'break down organisational barriers as to how care is delivered and paid for, embracing new and existing forms of technology, recruiting and retaining the right number of staff, and shifting the focus away from hospitals to prevention and care in the community'. Investment and moving care more into the community is a good concept but, with an ageing population and increasingly complex conditions being seen in primary care, this poses a challenge to those working in general practice nursing.

At HARTMANN UKI, we are committed to supporting and educating general practice nurses (GPNs) to meet these challenges by partnering with the *Journal of General Practice Nursing* to provide a wealth of learning activities, both online and in print, to help clinicians both with their professional and personal development.

This booklet provides an overview of HARTMANN's partnership with the *Journal of General Practice Nursing* ([www.gpnursing.com](http://www.gpnursing.com)) and the **GPN Academy**, a free to use platform where clinicians can not only improve their clinical skills through the academy's e-learning modules, articles and videos, but also create a personal development plan through a range of units on key areas such as leadership, business planning, etc — and all while building evidence of continued professional development (CPD).

Contact us at [www.hartmannmarketing.com](http://www.hartmannmarketing.com) to ensure you don't miss out on the latest services and products to support your practice.

Emma Deakin, *Marketing Director, HARTMANN UKI*  
January, 2020

# GPN Academy: e-learning modules



The GPN Academy ([www.gp nursing.com/hartmann-academy](http://www.gp nursing.com/hartmann-academy)) is a bespoke, FREE online platform where general practice nurses can easily find a range of accessible educational resources developed in partnership with HARTMANN UKI. Take a look to see what new information may help you or your colleagues, not just clinically, but for your own career development too.

## Educational e-learning modules

With wound care taking up an increasing amount of GPNs' time — the Burden of Wounds study highlighted how they are key players in leg ulcer management (Guest et al, 2015) — but time pressures making training opportunities less available, being able to learn in your own time is becoming

more and more necessary. The following e-learning modules enable GPNs to develop their wound care skills while also gaining CPD time:

- Wound exudate: assessment and management
- Anatomy and physiology of the skin and wound bed preparation
- Debridement and pain
- Wound assessment (including biofilm identification).

## Periwound skin

In some cases, findings of assessment of the wound edges can also reveal the aetiology of the wound (Milne, 2017b), e.g. vascular and venous ulcers have a demarcated edge, but vascular ulcers have steep sides while venous ulcers have sloped sides (Grey et al, 2006).



**Remember: overlooking assessment of the skin can result in trauma and pain for the patient and lead to deterioration and extension of the wound (Mudge et al, 2008).**

Having read a module, there is the opportunity for you to reflect on what you have learnt with the accompanying multiple choice questions. Once completed, you can download a certificate as evidence of individual learning, which can be recorded in your GPN revalidation portfolio.





#### **ATRAUMAN®**

Atrauman® is a range of wound contact layers, which provide gentle wound care, atraumatic protection as well as antibacterial action.

Up to 30 minutes of CPD

[Start>](#)

#### **ZETUVIT® PLUS SILICONE**

Zetuvit® Plus Silicone is a superabsorbent dressing with a silicone interface.

Up to 30 minutes of CPD

[Start>](#)

#### **HYDROTAC®**

HydroTac® is a Hydro-Responsive Wound Dressing (HRWD®) with AquaClear Technology designed to accelerate epithelialisation.

Up to 30 minutes of CPD

[Start>](#)

#### **HYDROCLEAN® PLUS**

HydroClean® plus is a Hydro-Responsive Wound Dressing (HRWD®) that cleanses, debrides, desloughs and absorbs.

Up to 30 minutes of CPD

[Start>](#)

## Product in Practice e-learning modules

Not only do GPNs need to keep their wound care skills up to date, but also be aware of advanced wound care treatments, which both improve patient care and reduce costs and nursing time. This series of modules provides an easy way of understanding how HARTMANN dressings work, with useful summaries of evidence to support their use in practice:

- Atrauman®
- Zetuvit® Plus Silicone
- HydroTac®
- HydroClean® plus.

**Coming soon, new product modules.**

**Remember: The GPN revalidation zone, partnered by HARTMANN UKI, logs and records all CPD activity to help clinicians keep track of and up to date with their individual learning — [www.gpnursing.com/revalidation](http://www.gpnursing.com/revalidation)**

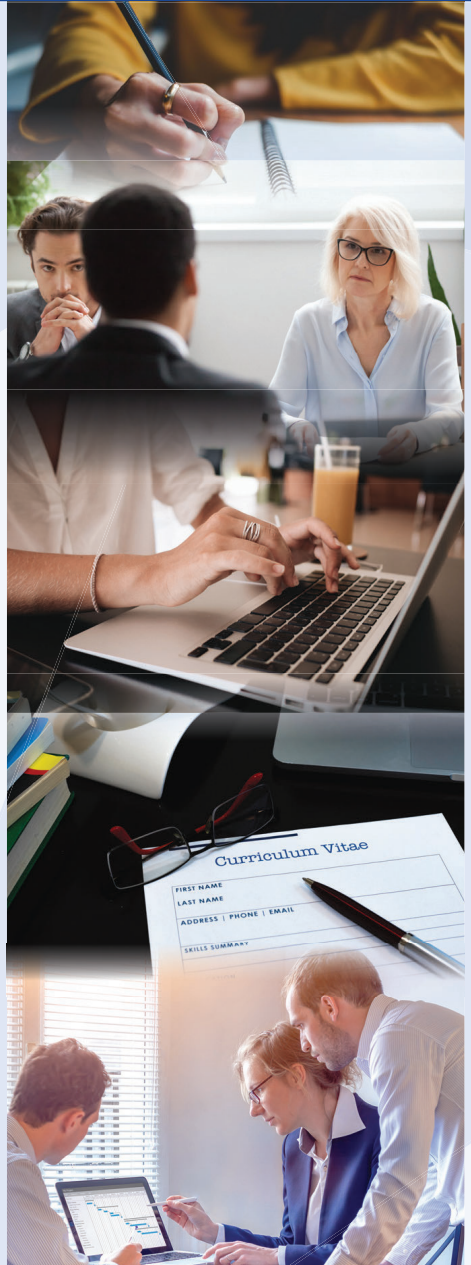
# GPN Academy: personal development zone

Whether you are a new specialist nurse unfamiliar with the business responsibilities of your role, or have been in post for a while and want to take on new challenges and meet new goals, e.g. better communication skills or educating, the personal development resources in the GPN Academy will help you to achieve your aims.

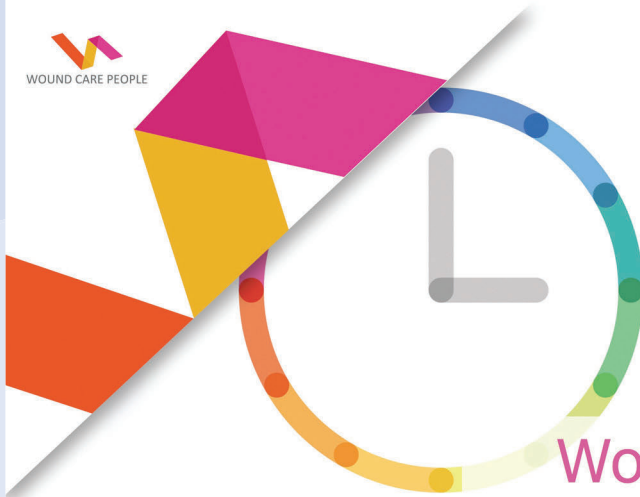
Areas include:

- Business planning
- CV writing
- Interview skills
- Leadership
- Writing for publication
- Project management

... with each section providing useful information in an accessible format, as well as other resources to help you create your personal development portfolio.



# HARTMANN's partnership with Wound Care Today



## Wound bed preparation

**Start module**

### TIMES framework

Wound management decisions should be based around:

- T** Tissue non-viable or deficient
- I** Infection or inflammation
- M** Moisture imbalance
- E** Edge of wound non-advancing or undermined
- S** Surrounding skin

BACK NEXT

**HARTMANN UKI** is also delighted to be Wound Care Today's wound bed preparation category partner in 2020. Having completed this module ([www.woundcare-today.com/partners/hartmann](http://www.woundcare-today.com/partners/hartmann)), viewers will be able to:

- Understand the normal wound healing process
- Understand what wound bed preparation is
- Know the factors that may contribute to delayed healing
- Recognise the importance of wound bed preparation in eliminating barriers to healing
- Be familiar with the acronym TIMES
- Understand how to use TIMES to guide wound bed preparation.



HARTMANN

# HydroClean<sup>®</sup> plus provides rapid wound debridement

Physical Autolytic debridement  
in one dressing therapy



For more information contact your local HARTMANN representative or contact our customer services team  
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